



European American Association
2827 W. Division Street
Chicago, IL 60622
Phone 773-342-5868 Fax 773-342-5533
www.eaachicago.org

Serving Chicago's Multilingual Community

Non Profit
Organization
US Postage
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Chicago IL
Permit #1418

CEDA/LIHEAP SUMMER COOLING PROGRAM

At this time there is no summer cooling program scheduled for this year. Keep your ears and eyes on the news. If a program is scheduled we will do our best to inform you as necessary.

Help Make My Garden Grow

Please donate to our community garden. Our goal is to feed the community with the vegetables that we grow. Your donations will provide seeds, mulch and gardening supplies. We have several Gardens throughout the Chicago area.

Not all of our gardens are for food. We have them also for the beautification of our neighborhoods. Any size donation will be appreciated and we thank you in advance. Use this code to donate.

[GoFundMe.com/ygxfk5g](https://www.gofundme.com/ygxfk5g)



EAA Offers Fingerprinting Services

For appointment set-up go to
www.thefingerprintman.com or call
1-888-406-8729 for more information.
Tell them European American
Association sent you.



Summer Fun at the Ball Park

On Sunday, July 10th, EAA will be heading to the Cellular Field to watch the Chicago White Sox beat the Atlanta Braves. Outfield Seats have been set aside. The tickets are at the cost of \$15.00 each. The game is scheduled for Sunday afternoon, a 1:10 start. Tickets can be purchased in the EAA office. We will receive \$5.00 per ticket sold to use towards our community programs. For more information, please see Christina in the EAA office or call her at 773-486-5566. Leave your name and number.

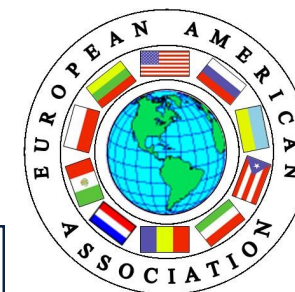


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Like us on
Facebook

Newsletter Summer 2016

To Donate to
European
American
Association's
Community
Programs
Visit us at

www.eaachicago.org

Or Call

773-486-5566.

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Walk for Hunger, Join Team EAA

Join European
American Associa-
tion at the 31st Annu-
al Hunger walk.
EAA has been part of
the hunger walk for
the last 25 Years. We
are proud to walk
with our fellow pan-
tries and soup kitch-
ens. For every walker
representing EAA, we
will earn a \$12.00
credit per person to
be used towards our
food pantry. Join
Team EAA Saturday,
June 25, 2016 at Jackson Park. Registration starts at
7:00am and ends at 9:00am.



**Jackson Park
June 25, 2016**



Pictured above is 2015's group of over 250+
To register: go to chicagofoodbank/hungerwalk
Click on the blue button and donate or the green button to register
to walk. Our code is A00272

EAA is a tax-exempt not-for-profit organization "Helping People Survive Today and Prepare for Tomorrow"



EAA Says Good Bye to a Great Friend.

This past May, EAA said good bye to our friend and Board Member, Mr. Pawlo Bojko. Mr. Bojko started with EAA as a consultant, working with the Ukrainian, Polish and Russian speaking workers and clients. Later he became a Homecare Aide, then assisted with home visits and then back to a HCA. The last position he held was as an Honoree Board Member. Thank you Mr. Bojko for always being a friend to each and every person in the EAA office and for sharing your wonderful spirit with us. We will miss you!

Job Openings

European American Association is currently hiring for the following positions:

Human Resources Manager
Home Care Aides

Check our website at www.eaachicago.org for the job descriptions or visit us at the EAA office to apply.

HCA of the Quarter and Office Staff of the Quarter are Announced

Congratulations to Sara Jefferies pictured to the right with her supervisor Velia and to Elida Pelaez for their support and dedication to EAA. Thank you Ladies. You make EAA stronger and better everyday. Pictured below: Elida with EAA's office staff .



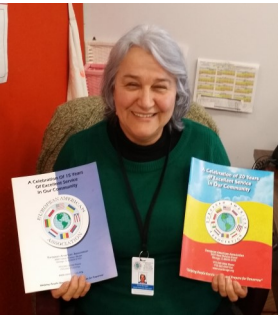
Summer Safety Tips for Older Adults

When the temperature climbs above 90°F, older adults need to be proactive and take precautions. So check the outside temperature on summer days. If it's above 90°, older people should keep in mind the following tips:

- **STAY OUT OF THE SUN** if possible. If possible, wait to go out after the sun starts to set or until early the next morning. Adjusting when you go outside could mean a difference of several degrees.
- **AIR CONDITIONING** is your friend. Spend as much time as possible in air conditioned spaces. If you don't have an air conditioner, go somewhere that is air-conditioned. Read a book at the library, walk around in indoor malls, watch that new movie at the theater, or meet your friends at the senior center. (Note: The federal Low-Income Home Energy Assistance Program (LIHEAP) helps adults 65 and older who have limited incomes cover the cost of air conditioners and utility bills. To reach your state's LIHEAP program, call 1-866-674-6327.)
- **STAY HYDRATED.** Drink plenty of cool water, clear juices, and other liquids that don't contain alcohol or caffeine. Alcohol and caffeine can dehydrate you (dry you out).
- **DRESS APPROPRIATELY.** Whenever you can, try wearing loose, light-colored clothes (dark-colored clothes absorb heat). Top it off with a lightweight, broad-brimmed hat and you are dressing like a pro! These simple changes will help you both stay cool and avoid sunburn.
- **DID SOMEONE SAY SUNBURN?** Use broad spectrum sunscreen with sun protection factor (SPF) of 15 or higher. **COOL DOWN!** Take tepid (not too cold or too hot) showers, baths, or sponge baths when you're feeling warm. Don't have the time? Then wet washcloths or towels with cool water and put them on your wrists, ankles, armpits, and neck. **DISCLAIMER:** This information is not intended to diagnose health problems or to take the place of medical advice or care you receive from your physician or other healthcare provider. Always consult your healthcare provider about your medications, symptoms, and health problems. *Selected excerpt from Health in Aging Foundation's "Hot Weather Safety Tips". To view the tip sheet in its entirety, and to learn more about HIA, please visit http://www.healthinaging.org/files/documents/tipsheets/hot_weather_safety.pdf. Section reproduced with permission from Health in Aging Foundation. "Hot Weather Safety Tips". HealthinAging.org. November 2015.*

European American Association Celebrates 25 Years of Excellent Service

February, 2016- EAA celebrates 25 years of serving the community. We are excited to celebrate this great milestone with an event. Coming in the summer as part of festivities, we will be hosting a celebration outside our office for associates, friends, workers and community residents who have so generously contributed thru the years and help make EAA a great success. At this time ,we are asking for gift certificates, restaurant certificates and monetary donations which will be used for raffles and a silent auction. We will also be putting together our 25th Anniversary Celebration Booklet. If you would like to place an ad in the booklet and would like to receive more information , please fill out the attached form and return to the EAA office. We are thrilled to



share the past history of EAA with our friends and associates.

Pictured to the left displaying our 15 and 20 year anniversary booklets is 19 year employee, Senior Homecare Aide Supervisor Silvia Borcean.

Come One, Come All
European American Association
invites you to:
25th Anniversary/Block Party
Saturday, July 30, 2016
10:00am – 1:00pm
On the block of Division and Mozart
(One block west of California)
Activities will include:

Raffle Raffle Raffle
Silent Auction
Informative Presentations
Food Available
Games
Jumping Jack
Fire Truck



SILENT AUCTION FORM
DOOR PRIZES- RAFFLE FORM
Items needed are Tee-shirts, Coffee Mugs, Key Chains, Tote Bags, Dinner or Lunch Gift Certificates, Movie Coupons, Discounted Coupons, Store Gift Certificates, Newly purchased items in original Packaging. **We can accept items in exchange for ad book space.**
For more information mail form to
2827 W. Division St Chicago, IL 60622
Attention: Christina Grodek

Name _____
Address _____
City/State/Zip _____
Phone _____
Email _____

I cannot participate, but please accept my tax-deductible contribution of \$ _____.
Please make checks or money orders payable to European American Association (no cash please).

